

The Spa in El Bosque

The Spa in El Bosque is set back from the ocean and steps into the shaded woodland with sweeping vistas of rolling hills.

Our treatments feature native ingredients from Nicaragua, allowing you to truly experience the sounds, scents, and scenery of authentic Nicaragua.

QUICK MENU

[MASSAGES](#) [BODY TREATMENTS](#) [FACIAL TREATMENTS](#) [PHYSIOTHERAPY](#) [FASCIA THERAPY](#) [BREATHWORK](#)
[HOLISTIC SERVICES](#) [HOLISTIC PACKAGES](#) [EXPERIENCES](#) [MANICURE & PEDICURE](#)



MASSAGES

SIGNATURE WELLNESS

50 min - US\$110 / C\$4,029 | 80 min - US\$154 / C\$5,640
50 min + 30 min Lymphatic Drainage - US\$170 / C\$6,226

This classic Swedish massage promotes overall well-being with long kneading strokes. An ideal massage to relieve stress, improve circulation, soothe sore muscles, and help eliminate toxins from the body.

LYMPHATIC DRAINAGE MASSAGE

50 min - US\$130 / C\$4,761

A gentle technique intended to stimulate the lymphatic system to help eliminate toxins, reduce swelling and promote overall optimal health.

ATHLETIC THERAPEUTIC MASSAGE

50 min - US\$132 / C\$4,834 | 80 min - US\$187 / C\$6,849

Designed to increase mobility and accelerate recovery times by combining assisted stretching and deeper massage techniques to release knots and muscular tension for the more active individual.

MIXED MODALITY MASSAGE

80 min - US\$187 / C\$6,849

A relaxed mixed modality massage designed to go deeper utilizing long kneading strokes, hot stones, and trigger point release methods to relax the body, increase blood flow, and relieve stiff joints and muscles.

THAI YOGA MASSAGE

80 min - US\$198 / C\$7,252

This sequence of acupressure and stretching is aimed at harmonizing the body allowing for increased flexibility and joint range of motion. This service is performed on a traditional Thai Yoga mat and comfortable clothing is recommended.

FOUR HANDS MASSAGE

50 min - US\$220 / C\$8,057 | 80 min - US\$308 / C\$11,280

Dive deep into relaxation and bliss while two therapists work simultaneously to provide twice the pampering, twice the relief, and twice the relaxation.

COUPLES WELLNESS MASSAGE

50 min - US\$220 / C\$8,057 | 80 min - US\$308 / C\$11,280

For the couple that wants to share in the benefits of massage while each enjoys their own experience of relaxation. This massage is performed in a shared cabana with a therapist for each individual. Price varies depending on type of massage.

DELUXE COUPLES MASSAGE

50 min - US\$330 / C\$12,086 | 80 min - US\$462 / C\$16,920

Make the most of your couples massage. Experience a luxurious couples massage and cap it off with 30-minutes cabana time & bubbly.

THE ULTIMATE COUPLES MASSAGE

50 min - US\$462 / C\$16,920 | 80 min - US\$605 / C\$22,158

Make the most of your couples massage. Experience a luxurious couples massage and cap it off with 30-minutes to lounge in our cabana with Veuve Clicquot and chocolate truffles.



BODY TREATMENTS

THE CAMPO COMBO SCRUB

90 min - US\$253 / C\$9,266

Indulge in our Signature scrub and body mask, crafted to deliver an authentic Nicaraguan experience. This luxurious treatment combines cacao, coffee, and cashews for an authentic “campo” (countryside) experience that will leave you glowing for the season.

SANTANA SIGNATURE SALT SCRUB

50 min - US\$110 / C\$4,029

This relaxing and aromatic Santana Cedro salt scrub nourishes skin with nutrients and trace minerals to help detoxify and reduce fluid retention.

HIBISCUS SUGAR SCRUB

50 min - US\$110 / C\$4,029

This soothing antioxidant-rich body scrub will leave you with a smoother feeling and younger-looking complexion.

COFFEE & COCOA SCRUB

50 min - US\$110 / C\$4,029

Nourish your skin with organic coconut oil, Nicaraguan coffee and cacao for an antioxidant-packed ultra-aromatic experience.

**ANY 50-MINUTE SCRUB CAN BE ADDED TO A 50-MINUTE MASSAGE.*

**ADD 30-MINUTE LYMPHATIC DRAINAGE TO ANY BODY SCRUB OR FACIAL TREATMENT - US\$60 / C\$2,197*



FACIAL TREATMENTS

SIGNATURE FACIAL

50 min - US\$120 / C\$4,395

Botanicals and antioxidants blend for the ultimate in skin nutrition with this customized facial. Each treatment includes deep facial cleansing, exfoliation, massage, and a mask tailored to your specific skincare needs.

GENTLEMAN'S FACIAL

50 MIN - US\$120 / C\$4,395

This personalized skin care treatment is tailored for the gentleman's specific skin type including deep cleansing, exfoliation, facial massage, and a customized mask.

HOLISTIC FACIAL

50 MIN - US\$130 / C\$4,761

This personalized skin care treatment includes Facial Acupuncture, Reflexology & Mini Facial.

FRONT & BACK FACIAL

80 min - US\$180 / C\$6,592

This 5-star service includes a head, neck, and back massage as well as extractions, aromatic compresses, and a volcanic clay mask to purify and de-stress the back. The service is completed with a facial personalized for your skincare needs.

An additional 10% optional gratuity and 15% sales taxes will be added upon check out.



HOLISTIC SERVICES

Holistic Services include Shiatsu, Massage, Reflexology, Cupping, Acupuncture, Reiki, Physiotherapy, Breathwork and are available upon request with advance notice.

MASSAGE WITH REIKI

80 MIN - US\$154 / C\$5,640

ACUPUNCTURE WITH REFLEXOLOGY

80 MIN - US\$154 / C\$5,640

MASSAGE WITH ACUPUNCTURE

80 MIN - US\$154 / C\$5,640

SHIATSU MASSAGE

50 MIN - US\$132 / C\$4,834

80 MIN - US\$187 / C\$6,849

ACUPUNCTURE

50 MIN - US\$110 / C\$4,029

MASSAGE WITH CUPPING

80 MIN - US\$154 / C\$5,640

MASSAGE WITH REFLEXOLOGY

80 MIN - US\$154 / C\$5,640

**ALL HOLISTIC SERVICES BASED ON AVAILABILITY*



HOLISTIC PACKAGES

PACKAGE 1 | 100 MIN

COFFEE & CACAO BODY SCRUB

ACUPUNCTURE

REFLEXOLOGY

MOXIBUSTION

MASSAGE

US\$215 /

C\$7,874

PACKAGE 2 | 80 MIN

ACUPUNCTURE

REFLEXOLOGY

MASSAGE

CUPPING

US\$154 /

C\$5,640

PACKAGE 3 | 80 MIN

ACUPUNCTURE

HOT STONES

REFLEXOLOGY

US\$154 /

C\$5,640

An additional 10% optional gratuity and 15% sales taxes will be added upon check out.



PHYSIOTHERAPY

Discover a world of wellness with our Resident Physiotherapist. The session includes personalized examination, therapeutic massage tailored to your needs, a customized recovery program, and private access to the rejuvenating contrast therapy pools.

80 min - US\$180 / C\$6,592

**SERVICE BASED ON AVAILABILITY*



FASCIA THERAPY

This specialized bodywork technique releases energetic blockages within the connective tissues. It focuses on emotional and energetic release and nervous system reset. This therapy is especially beneficial for clients experiencing chronic pain.

TIMING MAY VARY DEPENDING ON THE AMOUNT OF RELEASE AND NECESSARY BREAKS:

60 min - US\$180 / C\$6,592

**SERVICE BASED ON AVAILABILITY*



PRIVATE FAMILY & COUPLE BREATHWORK SESSIONS

This session offers a more intimate experience. It takes place in a private setting, allowing more time to set a clear intention. Conducting somatic work with those closest to us stimulates deeper connections and collective healing. These sessions include personalized, hands-on assistance to support your journey.

120 min - US\$200 / C\$7,325 up to 4 people

US\$20 / C\$732 per person after the initial 4

**SERVICE BASED ON AVAILABILITY*

An additional 10% optional gratuity and 15% sales taxes will be added upon check out.



EXPERIENCES

SIGNATURE WELLNESS MASSAGE & MINI FACIAL

80 min - US\$165 / C\$6,043

Treat yourself to a classic Swedish massage that will melt away tension and soothe sore muscles with long, kneading strokes. This is followed by a refreshing mini facial to rejuvenate your skin with a blend of botanicals and antioxidants. Prices varies on type of 50 minute massage.

BRISA DEL BOSQUE

80 min - US\$200 / C\$7,325

An aromatic experience that helps boost immune function and circulation, while reducing stress and inflammation. The service consists of a 50-minute Wellness Massage and a layering of 9 essential oils applied to the spine and feet.

THE HEAD TO TOE

US\$340 / C\$12,452

This all body experience includes a 50-minute Wellness Massage, Signature Facial, Manicure, and Pedicure. Beauty and bliss from the crown of your head to the tips of your toes.

THE SANTANA SIGNATURE EXPERIENCE

US\$440 / C\$16,115

Experience our Santana Cedro Signature blend of cedarwood and lavender. Includes a 50-minute Wellness Massage, Santana Cedro Salt Scrub, Signature Facial, and Signature Mani-Pedi.

THE NICA CAMPO RITUAL

US\$470 / C\$17,213

The ultimate way to experience The Spa in El Bosque begins with our Campo Combo scrub and body mask, followed by our signature facial, and ending with a manicure and pedicure.

FACIAL FIRM UP SERIES

US\$620 / C\$22,707

Five consecutive days of Facial Acupuncture with an additional add-on each day. Add-ons include Mini facial, Moxibustion, Lymphatic Drainage, Gua Sha Face Sculpting and Collagen Eye & Face Mask.



MANICURE & PEDICURE

SIGNATURE MANI PEDI

120 min - US\$121 / C\$4,432

Mani - US\$44 / C\$1,611 | Pedi - US\$77 / C\$2,820

Enjoy the essentials of a standard manicure and pedicure while we shape, condition, and moisturize completed with your polish of choice or a buff and shine.

FOUR-HAND MANI PEDI

60 min - US\$150 / C\$5,494

Complete your experience in half the time as two therapists work simultaneously to provide the ultimate manicure and pedicure experience.

GEL MANICURES

Gel Removal US\$17 / C\$623

Gel Mani US\$60 / C\$2,197

Gel Pedi US\$94 / C\$3,443

Gel Mani Pedi US\$154 / C\$5,640

Four-hand gel Mani Pedi - US\$178 / C\$6,519

An additional 10% optional gratuity and 15% sales taxes will be added upon check out.