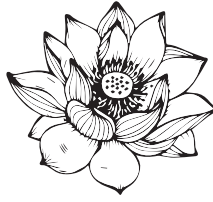


## THE SPA IN EL BOSQUE

The Spa in El Bosque is set back from the ocean and steps into the shaded woodland with sweeping vistas of rolling hills.

Local and organic methods, materials, treasures, and treatments all harmonize at our serene location – constructed by master craftsmen from our wood and iron shops, and supplied by agriculturalists from our farm and garden.

Our treatments incorporate indigenous ingredients from Nicaragua and the Ranch's organic farm. Enjoy the sounds, scents, and scenery of authentic Nicaragua.



## MASSAGES

### **SIGNATURE WELLNESS**

*50 min - \$100 | 80 min - \$140*

### **ATHLETIC THERAPEUTIC MASSAGE**

*50 min - \$120 | 80 min - \$170*

### **MIXED MODALITY MASSAGE**

*80 min - \$170*

### **THAI YOGA MASSAGE**

*80 min - \$180*

### **FOUR HANDS MASSAGE**

*50 min - \$200 | 80 min - \$280*

### **COUPLES WELLNESS MASSAGE**

*50 min - \$200 | 80 min - \$280*

### **ADD 30 MIN CABANA TIME & BUBBLY**

*50 min - \$300 | 80 min - \$420*

### **DELUXE COUPLES MASSAGE**

*50 min - \$420 | 80 min - \$550*

This classic Swedish massage promotes overall well-being with long kneading strokes. An ideal massage to relieve stress, improve circulation, soothe sore muscles, and help eliminate toxins from the body.

Designed to increase mobility and accelerate recovery times by combining assisted stretching and deeper massage techniques to release knots and muscular tension for the more active individual.

A relaxed mixed modality massage designed to go deeper utilizing long kneading strokes, hot stones, and trigger point release methods to relax the body, increase blood flow, and relieve stiff joints and muscles.

This sequence of acupressure and stretching is aimed at harmonizing the body allowing for increased flexibility and joint range of motion. This service is performed on a traditional Thai Yoga mat and comfortable clothing is recommended.

Dive deep into relaxation and bliss while two therapists work simultaneously to provide twice the pampering, twice the relief, and twice the relaxation.

For the couple that wants to share in the benefits of massage while each enjoys their own experience of relaxation. This massage is performed in a shared cabana with a therapist for each individual.

Make the most of your couples massage. Experience a luxurious couples massage and cap it off with an extra minutes to lounge in our cabana with Veuve Clicquot and chocolate truffles.

*An additional 10% optional gratuity will be added upon check out.*



## BODY TREATMENTS

### THE CAMPO COMBO

90 min - \$230

Our Signature scrub and body mask come together to create an authentic Nicaraguan experience. Utilizing “campo” or countryside grown native ingredients of cacao, coffee, cashews, and tobacco blended with our signature Santana Cedro scent of cedarwood and lavender.

### SANTANA SIGNATURE SALT SCRUB

50 min - \$100

This relaxing and aromatic Santana Cedro salt scrub nourishes skin with nutrients and trace minerals to help detoxify and reduce fluid retention.

### HIBISCUS SUGAR SCRUB

50 min - \$100

This soothing antioxidant-rich body scrub will leave you with a smoother feeling and younger-looking complexion.

### COFFEE & CACAO SCRUB

50 min - \$100

Nourish your skin with organic coconut oil, Nicaraguan coffee, and cacao for an antioxidant-packed ultra-aromatic experience.

*\*Any 50 minute scrub can be added to a 50 minute massage.*



## FACIALS

### SIGNATURE FACIAL

50 min - \$100

Botanicals and antioxidants blend for the ultimate in skin nutrition with this customized facial. Each treatment includes deep facial cleansing, exfoliation, massage, and a mask tailored to your specific skincare needs.

### GENTLEMAN'S FACIAL

50 min - \$100

This personalized skin care treatment is tailored for the gentlemen's specific skin type including deep cleansing, exfoliation, facial massage, and a customized mask.

### FRONT & BACK FACIAL

80 min - \$150

This 5-star service includes a 30-minute head, neck, and back massage as well as extractions, aromatic compresses, and a volcanic clay mask to purify and de-stress the back. The service is completed with a facial personalized for your skincare needs.

*An additional 10% optional gratuity will be added upon check out.*



## MANICURE & PEDICURE

### SIGNATURE MANI PEDI

*120 min - \$110*

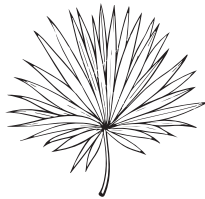
*Mani - \$40 | Pedi - \$70*

Enjoy the essentials of a standard manicure and pedicure while we shape, condition, and moisturize completed with your polish of choice or a buff and shine.

### FOUR-HAND MANI PEDI

*60 min - \$130*

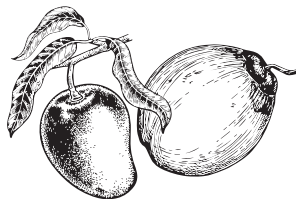
Completing your experience in half the time as two therapists work simultaneously to provide the ultimate manicure and pedicure experience.



## HOLISTIC SERVICES

Holistic Services include Shiatsu, Massage, Reflexology, Cupping, Acupuncture, Reiki, and Osteopathy\* and are available upon request with advance notice.

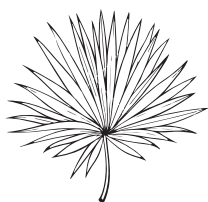
*\*Osteopathy is designed to address the disorders at the root through gentle, non-invasive techniques, to remove blockages. The benefits include reduced pain, increased energy, and vitality.*



## BEAUTY SERVICES

Beauty treatments including gel nail services, and waxing, are available upon request with advance notice.

*An additional 10% optional gratuity will be added upon check out.*



## HOLISTIC SERVICES

### SHIATSU MASSAGE

*50 min - \$120*

*80 min - \$170*

### ACUPUNCTURE WITH REFLEXOLOGY

*80 min- \$140*

### MASSAGE WITH REIKI

*80 min - \$140*

### MASSAGE WITH ACUPUNCTURE

*80 min- \$140*

### ACUPUNCTURE

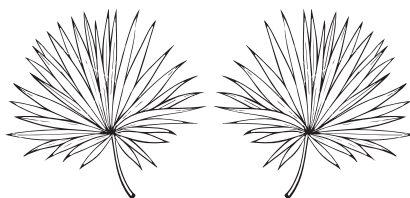
*50 min- \$100*

### MASSAGE WITH REFLEXOLOGY

*80 min- \$140*

### MASSAGE WITH CUPPING

*80 min - \$140*



## HOLISTIC PACKAGES

### PACKAGE 1 | 100 MIN - \$190

COFFEE & CACAO  
BODY SCRUB 20 min  
ACUPUNCTURE 20 min  
REFLEXOLOGY 20 min  
MOXIBUSTION 10 min  
MASSAGE 30 min

### PACKAGE 2 | 80 MIN - \$140

CUPPING 20 min  
ACUPUNCTURE 20 min  
REFLEXOLOGY 10 min  
MASSAGE 30 min

### PACKAGE 3 | 80 MIN - \$140

40 min  
HOT STONES 20 min  
ACUPUNCTURE 20 min  
REFLEXOLOGY

*Prices do not reflect an additional 15% tax. 10% optional gratuity will be added upon check out*



## EXPERIENCES

### **THE HEAD TO TOE** \$295

This all body experience includes a 50-minute Wellness Massage, Signature Facial, Manicure, and Pedicure. Beauty and bliss from the crown of your head to the tips of your toes.

### **THE SANTANA SIGNATURE EXPERIENCE** \$375

Experience our Santana Cedro Signature blend of cedarwood and lavender. Includes a 50-minute Wellness Massage, Santana Cedro Salt Scrub, Signature Facial, and Signature Mani-Pedi.

### **THE NICA CAMPO RITUAL** \$420

The ultimate way to experience The Spa in el Bosque begins with our Campo Combo scrub and body mask, followed by our signature facial, and ending with a manicure and pedicure.

*Prices do not reflect an additional 15% tax. 10% optional gratuity will be added upon check out.*