

# RANCHO SANTANA

## WEEKLY YOGA STUDIO SCHEDULE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

YOGA

8 AM - 9:15 AM  
YOGA STRENGTH

YOGA

8 AM - 9:15 AM  
SWEAT  
STRENGTH YOGA

YOGA

9 AM - 10:15 AM  
ALL LEVELS

YOGA

9 AM - 10:15 AM  
ALL LEVELS

YOGA

9 AM - 10:15 AM  
ALL LEVELS

YOGA

10 AM - 11:15 AM  
ALL LEVELS

YOGA

10 AM - 11:15 AM  
ALL LEVELS

YOGA

10 AM - 11:15 AM  
ALL LEVELS

YOGA

5 PM - 6:15 PM  
SUNSET SLOW  
FLOW

DROP IN CLASS - \$20 each\*

PRIVATE CLASSES - \$50 for 2 people, \$10 per person  
after initial \$50 fee

*\*If you are an owner or full-time resident, ask about our 10-class Package.*

SWEAT STRENGTH - Mixed technique strength,  
conditioning and endurance training.

YOGA STRENGTH- Combining the traditional yoga  
techniques with strength and mobility training.

ALL USERS MUST SIGN-UP IN ADVANCE, ESPECIALLY FOR EARLY MORNING CLASSES.

FOR MORE INFORMATION OR TO MAKE A RESERVATION PLEASE CONTACT [CONCIERGE@RANCHOSANTANA.COM](mailto:CONCIERGE@RANCHOSANTANA.COM).