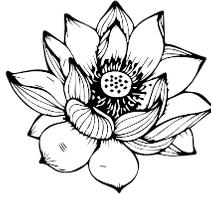


## THE SPA IN EL BOSQUE

The Spa in El Bosque is set back from the ocean and steps into the shaded woodland with sweeping vistas of rolling hills.

Local and organic methods, materials, treasures, and treatments all harmonize at our serene location – constructed by master craftsmen from our wood and iron shops, and supplied by agriculturalists from our farm and garden.

Our treatments incorporate indigenous ingredients from Nicaragua and the Ranch's organic farm. Enjoy the sounds, scents, and scenery of authentic Nicaragua.



## MASSAGES

### **SIGNATURE WELLNESS**

*50 min - \$100 | 80 min - \$140*

### **ATHLETIC THERAPEUTIC MASSAGE**

*50 min - \$120 | 80 min - \$170*

### **MIXED MODALITY MASSAGE**

*80 min - \$170*

### **THAI YOGA MASSAGE**

*80 min - \$180*

### **FOUR HANDS MASSAGE**

*50 min - \$200 | 80 min - \$280*

### **COUPLES MASSAGE**

*50 min - \$200 | 80 min - \$280*

This classic Swedish massage promotes overall well-being with long kneading strokes. An ideal massage to relieve stress, improve circulation, soothe sore muscles, and help eliminate toxins from the body.

Designed to increase mobility and accelerate recovery times by combining assisted stretching and deeper massage techniques to release knots and muscular tension for the more active individual.

A relaxed mixed modality massage designed to go deeper utilizing long kneading strokes, hot stones, and trigger point release methods to relax the body, increase blood flow, and relieve stiff joints and muscles.

This sequence of acupressure and stretching is aimed at harmonizing the body allowing for increased flexibility and joint range of motion. This service is performed on a traditional Thai Yoga mat and comfortable clothing is recommended.

Dive deep into relaxation and bliss while two therapists work simultaneously to provide twice the pampering, twice the relief, and twice the relaxation.

For the couple that wants to share in the benefits of massage while each enjoys their own experience of relaxation. This massage is performed in a shared cabana with a therapist for each individual.

*A 10% optional gratuity will be added upon check out. You will be given the opportunity to directly tip your therapist.*



## BODY TREATMENTS

### THE CAMPO COMBO

90 min - \$230

### SANTANA SIGNATURE SALT SCRUB

50 min - \$100

### HIBISCUS SUGAR SCRUB

50 min - \$100

### COFFEE & CACAO SCRUB

50 min - \$100

Our Signature scrub and body mask come together to create an authentic Nicaraguan experience. Utilizing “campo” or countryside grown native ingredients of cacao, coffee, cashews, and tobacco blended with our signature Santana Cedro scent of cedarwood and lavender.

This relaxing and aromatic Santana Cedro salt scrub nourishes skin with nutrients and trace minerals to help detoxify and reduce fluid retention.

This soothing antioxidant-rich body scrub will leave you with a smoother feeling and younger-looking complexion.

Nourish your skin with organic coconut oil, Nicaraguan coffee, and cacao for an antioxidant-packed ultra-aromatic experience.

*\*Any 50 minute scrub can be added to a 50 minute massage.*



## FACIALS

### SIGNATURE FACIAL

50 min - \$100

### GENTLEMAN'S FACIAL

50 min - \$100

### FRONT & BACK FACIAL

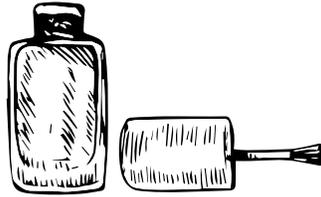
80 min - \$150

Botanicals and antioxidants blend for the ultimate in skin nutrition with this customized facial. Each treatment includes deep facial cleansing, exfoliation, massage, and a mask tailored to your specific skincare needs.

This personalized skin care treatment is tailored for the gentlemen's specific skin type including deep cleansing, exfoliation, facial massage, and a customized mask.

This 5-star service includes a 30-minute head, neck, and back massage as well as extractions, aromatic compresses, and a volcanic clay mask to purify and de-stress the back. The service is completed with a facial personalized for your skincare needs.

*A 10% optional gratuity will be added upon check out. You will be given the opportunity to directly tip your therapist.*



## MANICURE & PEDICURE

### **SIGNATURE MANI PEDI**

*120 min - \$110*

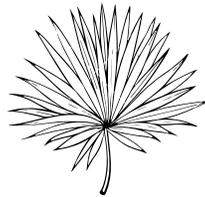
*Mani - \$40 | Pedi - \$70*

Enjoy the essentials of a standard manicure and pedicure while we shape, condition, and moisturize completed with your polish of choice or a buff and shine.

### **FOUR-HAND MANI PEDI**

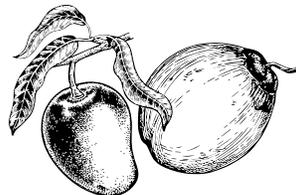
*60 min - \$130*

Completing your experience in half the time as two therapists work simultaneously to provide the ultimate manicure and pedicure experience.



## HOLISTIC SERVICES

Holistic Services including Shiatsu Massage, Reflexology, Cupping, Acupuncture, and Reiki, are available upon request with advance notice.



## BEAUTY SERVICES

Beauty treatments including gel nail services, and waxing, are available upon request with advance notice.

*A 10% optional gratuity will be added upon check out. You will be given the opportunity to directly tip your therapist.*



## EXPERIENCES

**THE HEAD TO TOE**  
\$295

This all body experience includes a 50-minute Wellness Massage, Signature Facial, Manicure, and Pedicure. Beauty and bliss from the crown of your head to the tips of your toes.

**THE SANTANA  
SIGNATURE  
EXPERIENCE**  
\$375

Experience our Santana Cedro Signature blend of cedarwood and lavender. Includes a 50-minute Wellness Massage, Santana Cedro Salt Scrub, Signature Facial, and Signature Mani-Pedi.

**THE NICA CAMPO  
RITUAL**  
\$420

The ultimate way to experience The Spa in el Bosque begins with our Campo Combo scrub and body mask, followed by our signature facial, and ending with a manicure and pedicure.